

Someone You Can Always Count On at That Critical Time...



Our Mission

We are committed to provide the best possible care to the clients we serve; continue searching for innovative ways to improve the services that will be provided in the future; and individualize each client care.



Our Vision

Our vision is to be the outstanding example in the industry with services delivered efficiently, cost-effectively, and client-centered.



Our Guiding Principles

1. Recognize that the employees and caregivers are the backbone of the company and are essential to the realization of the shared vision.
2. Provide personalized and culturally sensitive care to our customers that exceeds their expectations.
3. Recruit caregivers who are honest and ethical, who assume personal responsibility for their actions, and who commit to providing consistent quality care.
4. Give back to the community through our support, time, and education.
5. Respect and value diversity, thus commit to an open and honest communication.
6. Foster an empowering environment that promotes growth development, advancement opportunities, and continuous learning.
7. Promote a cohesive, supportive, trusting, and professional work environment where everyone feels valued and rewarded for their contributions loyalty, commitment, and team spirit.



Areas We Serve in Minnesota

A&A Reliable Home Health Care, LLC is licenced to provide services to patients and clients in the entire state of Minnesota.

For Services Contact Us:



1821 University Ave. W, Suite S-295
St. Paul, MN 55104



Phone: 651-470-9549
Fax: 651-493-2930
TTY/TDD: 1-800-627-3529



info@aareliable.com



www.aareliable.com



A&A Reliable
Home Health Care, LLC



A&A Reliable
Home Health Care, LLC

Private Duty Nursing & Personal Care Assistance (PCA) Services



We are a team of professionals that care for your overall wellbeing, so that we can make your life at home more comfortable and convenient.





Our Home Health Care Services

About Us

A&A Reliable Home Health Care is a Medicare Certified, licensed, insured, and bonded home health care agency providing 24-hour private duty nursing services to patients with medical and non-medical needs. A&A Reliable Home Health Care offers a unique combination of premier home health care and culturally sensitive health education that includes modified life style. You can count and rely on us for quality service, work force excellence, cost efficiency, and a whole lot of other areas in your health management. We provide private duty nursing, personal care assistance (PCA), and homemaker services to all types of clients with individual and cultural consideration, using a team approach.

Our agency provides **Private Duty Nursing, Personal Care Assistance (PCA), and Homemaker** services.

+ Private Duty Nursing

Private Duty Nursing is defined as continuous skilled nursing care provided by a Registered Nurse (RN) or Licensed Practical Nurse (LPN) to a Medicaid patient at patient's home. Skilled nursing services are medically necessary, ordered by a physician to ensure patient's safety and achieve medically desired results. A&A Reliable Home Health Care provides a broad range of Private Duty Nursing care that includes, but not limited to:

- Long-term care of chronic disease
- Monitoring of vital signs and physical status
- Wound care
- Catheter care
- Ventilator care
- Tracheotomy care
- Ostomy and stoma care
- Intravenous (IV) administration
- Tube-feeding administration
- Medication administration and management
- Diabetic care and management
- Care after stroke or brain injury
- Post-operative care
- Palliative care
- Respite
- Others based on care plan

For a full list of our private duty nursing services, please contact us today at **651-470-9549**.

+ Personal Care Assistance (PCA)

Our Personal Care Assistants (PCAs) help you with some or all of your Activities of Daily Living (ADLs) and other tasks identified in your care plan. Our PCAs are supervised by a registered nurse (RN). Services provided by our PCAs may include, but not limited to:

- Push a manual wheelchair
- Help with personal care tasks like bathing, dressing, and using the toilet
- Take care of your service animal

- Do light housekeeping
- Wash clothes
- Make and change bed
- Help you in emergency situations
- Prepare meals and feed you
- Reminder to client to take medications as ordered by doctor
- Help you pay your bills and assist with your banking affairs
- Help nursing staff lift and turn clients in bed to prevent bedsores
- Assist patients get good exercise by walking with them and doing Range of Motion

For more information regarding PCA services, please call us today at **651-470-9549**.

+ Homemaker

Homemaker services are delivered when the participant is unable to manage the general cleaning and household activities, or the primary caregiver who is regularly responsible for these activities is unable to manage the household activities or is temporarily absent. We provide Homemaker services that may include assistance with the following:

- Helping with personal errands
- Laundry and ironing
- Meal preparation
- Cleaning, sweeping, mopping, vacuuming and dusting
- Shopping for food, clothing and supplies
- Routine household care
- Simple household repairs
- Social stimulation
- Arranging for transportation
- Washing dishes and putting them away
- Changing linens and making beds
- Cleaning stoves, microwaves and refrigerators
- Organizing closets and drawers
- Emptying the trash
- Watering and caring for houseplants
- Planning meals, shopping for ingredients and preparing future meals

We do not change cat litter due to respiratory problems the litter may cause our staff. For a full list of our Homemaker services, please contact us today at **651-470-9549**.